



28 AUG 2026 | NEWSLETTER 4 | SEASON 5



Hi Surf Coast Little Aths families,

It's hard to believe how quickly the XC season has flown by!

Since our last newsletter, our athletes have been busy competing at the Winter Track & Field Championships and State Cross Country Championships, before wrapping up our final club Cross Country competition on the weekend just gone.

It's been a fantastic few weeks of competition, with plenty of great performances and achievements to celebrate, and we officially wrapped up the season with our end-of-season break-up BBQ.

Winter Track & Field Championship Highlights

It was fantastic to see three of our athletes representing Surf Coast Little Athletics at the Winter Track & Field Championships in Berwick on Sunday 9th August, with some fantastic results across their events.

Audrey finished 2nd in the U9 Girls, while Hamish also secured 2nd place in the U9-10 MC Boys. Flynn competed in the U9 Boys and finished 11th.

It's great to see our athletes taking these opportunities to compete against athletes from across the state, experiencing a different level of competition and, most importantly, enjoying being out there doing what they love.

A big thank you to their families for getting them there, cheering them on and supporting them throughout the day.

Well done, Audrey, Hamish and Flynn - a fantastic achievement!



Upcoming 2026/27 Track & Field Season Dates:

- **Sat 3 October** - 1st day of 2026/27 Track & Field Season
- **Sat 21 / Sun 22nd Nov** - LA Vic Region Relay Carnivals
- **Sat 12th / Sun 13th Dec** - LA Vic / AV State Relay Championships (Lakeside Stadium)
- **Sat 6th / Sun 7th Feb** - LA Vic Coles Region Track & Field Carnival

Track & Field 2026/27 Coming Soon!

Season: 3 Oct – 20 March 2027

Time: Saturdays | 8:30am – 11:30am

Location: Links Oval, Torquay

(previously known as Polwarth Oval).



BE PROUD OF EVERY STEP, JUMP AND THROW, AND REMEMBER THAT COMPETING, CHALLENGING YOURSELF AND GIVING IT YOUR BEST IS WHAT MAKES EVERY ACHIEVEMENT WORTH CELEBRATING.



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State Cross Country Championship Highlights

A huge congratulations to our five SCLAC athletes who competed at the State Cross Country Championships! It was fantastic to see our athletes representing the club at the state level and taking on some of the strongest competition from across Victoria.

A special congratulations to:

- Jagger (U9) - 18th
- Patrick (U9) - 40th
- Mika (U12) - 23rd
- Sahara (U13) - 5th
- Charlie (U14) - 6th

A fantastic achievement for all five athletes, with two top 8 placings from Sahara (5th) and Charlie (6th) in their respective events.

Congratulations to everyone on a great State Cross Country Championships!



Achievement Books

Did you know that you can print a copy of your athletes SCLAC results for the whole 25/26 season?

1. Log in to your ResultsHQ account
2. Click onto the Achievement Book tab at the top
3. Select your athletes name & season
4. Click on the Achievement Book button to generate a PDF copy
5. Save and Print as required

If your athlete participated in Cross Country this year, all of their results will be included also.

A huge thank you to all the parents & carers who captured special moments at winter events and sent through photos of our athletes.

We love being able to share and celebrate these moments with our SCLAC community!



CELEBRATE HOW FAR YOU'VE COME, THE GOALS YOU'VE ACHIEVED AND THE CHALLENGES YOU'VE OVERCOME.
EVERY FINISH LINE IS SOMETHING TO BE PROUD OF!



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Wrapping Up the Cross Country

What a great way to finish off our Cross Country season! Our final club XC competition at Taylor Park was followed by a relaxed end-of-season BBQ and medal presentation, giving everyone a chance to catch up, enjoy some food and celebrate the season together.

Ian & I (Chantelle) have enjoyed being Cross Country Coordinators this season and seeing the athletes get out there each week, having a go. It's been great to be part of the XC season and we'd like to thank everyone who helped make it happen.

A huge thank you to Lisa O'Brien Hynes for her weekly assistance, as well as coordinating our athletes participating in the Regional and State events and organising our XC end-of-season BBQ/presentation.

A big thank you to Charlie (U14 athlete) for leading our warm-ups throughout the season.

We're incredibly grateful to all of our families and volunteers who helped make the season happen - we simply couldn't do it without your help lining the course and assisting athletes each week - every contribution helped make the season what it was.

And finally, a special mention to Jeremy Monteath, our BBQ master, for keeping everyone well fed at the end-of-season celebration!



WE HOPE TO SEE YOU ALL ON THE TRACK & FIELD IN A FEW WEEKS TIME!



URGENT!!

OUR CLUB NEEDS A NEW PRESIDENT

Come and Join the Team - We Need You!

Could you be our next President?

Over the past five years, our club has grown bigger and stronger thanks to the commitment and leadership of those who have stepped up to lead it.

We are now needing someone new to step forward.

Filling the President position is essential to the continued running of our club.

Without someone willing to take on this role, we cannot start our next season!!

You don't need to do everything yourself or have all the answers. You'll be supported by a passionate committee and a community of families who want to see our club continue to thrive.

If you're willing to step forward and help lead our club into the future, we need to hear from you ASAP!!

Please come forward and have a conversation with us - our club needs someone to step up.

Partnership / Sponsorship

Liaison - Vacant**

Help build relationships with local businesses and identify sponsorship opportunities that can benefit our athletes and club. If you're a people person who enjoys making connections and talking to local businesses, this could be a great fit.

Fundraising / Events

Coordinator - Vacant**

Bring some energy and ideas to our fundraising and social events. From BBQs and fundraising activities to club social events, this role is about creating opportunities for families to connect while helping raise vital funds for the club - it's also a role that can be shared with a friend!

Webmaster - Vacant**

Keep our website up to date and make sure families can easily find the information they need. A great behind-the-scenes role for someone who is comfortable with technology, websites or digital platform. This is a technical "know how" role - no need to write any content!

**** time flexible & behind the scenes roles!**

Consider joining the Committee

Being part of the committee is a rewarding way to:

- ✓ Be involved in your child's sporting journey
- ✓ Support the sport of athletics so our athletes can continue to attend a club in their local area
- ✓ Be part of shaping the club's future and support the journey toward improved facilities and a home we can all call our own.
- ✓ Build skills and connections
- ✓ Gain valuable leadership, management, and organisational experience while making a meaningful contribution to the club.

How can I find out more about vacant committee positions?

Email

info@surfcoastlittleathletics.com

We'd love to have you on board!



WITHOUT MORE PEOPLE GETTING INVOLVED, THE CLUB SIMPLY CAN'T OPERATE AT THE LEVEL OUR ATHLETES DESERVE.



Join Our Competition Day Support Crew - We Need You!

Our Competition Day Support Crew is what keeps our weekly competition days running. Before the new track & field season begins, we need to make sure we have enough people in place to fill these key roles.

Age Group Managers

Be the familiar face for your age group and help families know what's happening each week. Age Group Managers help organise their group, keep everyone together and make sure athletes move through their events safely. It's a great way to get to know other families and be more involved in your child's experience at the club. No previous experience is needed! *See the chart for how many people we need for each group.*

Starters & Timekeepers

Be part of the team that gets our track events underway and keeps the competition running smoothly. These are practical, hands-on roles that are easy to learn, with training and support provided - you don't need to know anything about starting races or timing before you begin. *We need 4-5 people to share starter / timekeepers roles.*

Field Officials

Roam between field events throughout the morning, supporting AGM's and athletes where needed and helping ensure events are running safely and smoothly. Also responsible for verifying and signing off potential Centre Records. Training and guidance are available, so you don't need any previous experience. *We need 2-3 people.*

We need to get these roles filled before the season starts!

Having a reliable team in these roles means our weekly competitions can run more efficiently and our athletes can spend more time enjoying the morning. You don't need to be an athletics expert, and you won't have to figure it out on your own.

Fill out the form [here](#) and be part of the team for 2026/27!

OUR CLUB RUNS BEST WHEN PARENTS AND CARERS ARE PART OF THE ACTION - THANK YOU FOR PUTTING YOUR HAND UP TO HELP!

Age Group Managers Required

U 6	x2
U 7	x2
U8	x2-3
U 9	x2
U10	x3
U 11	x2
U 12	x3
U 13*	x1
U 14*	x1
U 15*	x1

*U13 - U15 age groups will be combined together and the roles shared

If you've ever thought,
*"I'd love to help, but I
 don't know what to do?"*
 this is a great place to
 start!





TRACK & FIELD

RETURNS

03 OCTOBER

Track & Field Season is Coming!

Our 2026/27 Track & Field season kicks off on **Saturday 3 October**, with 18 weeks of competition!

That's three weeks longer than previous seasons, following feedback from our families and giving more flexibility around bad weather. It means more opportunities to compete, improve, try new events and enjoy being part of the club.

We're looking forward to getting everyone back on the track for another season of running, jumping, throwing, learning new skills and, most importantly, having fun!

New Coaching at SCLAC!

We are excited to welcome Tony Bedworth to the club as our Coaching Director – starting 2026/27 season. We are lucky to have Tony on board and look forward to the knowledge, experience and guidance he will bring to our athletes throughout the season.

At our weekly competitions, Tony will provide coaching and athlete development across the events, helping athletes learn and refine

EARLY BIRD REGISTRATION OPENING SOON!

Get organised early and save on your 2026/27 registration fees.
[Keep an eye on here!](#)

Family of	Early Bird	Regular	Save
1 athlete	\$180	\$200	\$20
2 athletes	\$340	\$380	\$40
3 athletes	\$510	\$560	\$50
4 athletes	\$680	\$740	\$60
5 athletes	\$850	\$920	\$70

the fundamental skills and techniques. This support will continue throughout the season with regular training and coaching opportunities, allowing athletes to build their skills, confidence and understanding of their events.

Keep an eye on our social media and newsletters for coaching updates, resources and upcoming coaching opportunities.

More details to come soon!

Track & Field 2026/27

Season: 3 Oct – 20 March 2027

Time: Saturdays | 8:30am – 11:30am

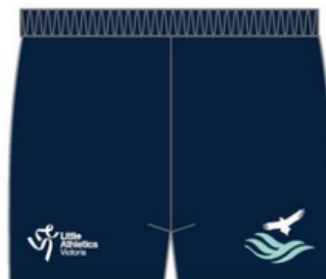
Location: Links Oval, Banyul-Warri

Fields, Torquay

(previously known as Polwarth Oval).



SEASON STARTS: SATURDAY 3 OCTOBER | 18 WEEKS OF TRACK & FIELD



SCLAC Uniform Requirements: 2026/27 Track & Field Season onwards

We're making an important changes to our uniform expectations from the start of the 2026/27 season.

As our club continues to mature, we want all athletes to look and feel like part of the same team when they compete at SCLAC.

To create greater consistency across our weekly competitions and ensure we are meeting Little Athletics Victoria uniform standards, **athletes in the U9 and above age groups will be required to compete in the full SCLAC uniform at all weekly competitions.**

This means wearing both the **SCLAC club top AND club shorts**, along with the required registration name patch.

Having a consistent club uniform helps build club identity, pride and a sense of belonging, while ensuring our athletes are

representing SCLAC in a way that meets the standards expected across Little Athletics Victoria. (see [LAVic uniform guidelines](#))

It also means that athletes who do go on to compete at Regional or State competitions are already familiar with wearing the correct uniform and there is no need to make a last-minute change.

We understand that purchasing new uniform items can be an additional expense for families, so we want to give everyone plenty of notice and make this transition as easy as possible- giving member families time to purchase or replace what they need.

If purchasing a full uniform is going to cause financial hardship for your family, please talk to us.

We genuinely want to know how we can help - if you need to replace a top or shorts, are unsure about sizing, or need to discuss your options.

Special Offer: Club shorts are available at a discounted rate for the first 6 weeks of competition - get yours early and be competition ready from day 1 - offer ends on 14 November.

[purchase via our online store](#)

For U6, U7 and U8 athletes, the existing minimum requirement remains a club top with plain navy shorts. However families are encouraged to take advantage of the discounted uniform offer to purchase club shorts, so our younger athletes can also enjoy wearing the full SCLAC uniform.

Our goal is simple:

For every U9+ athlete to start the season in full SCLAC uniform, with every family supported to make it happen.



UNIFORM DISCOUNT ENDS : SATURDAY 14 NOVEMBER | WEEK 6



1 SEPT | PRE SEASON NEWSLETTER | SEASON 6

TRACK & FIELD RETURNS 03 OCTOBER



**2 WEEKS
FREE TRIAL!**

\$200
18 WEEKS COMPETITION
SATURDAY MORNINGS
03 Oct '26 - 20 Mar '27
8:30am - 11:30am
Links Oval
Banyul-Warri Fields
Torquay

**NEW MEMBER
FREE TRIAL OFFER**



REGISTER HERE



COME & TRY!

**2 WEEKS
FREE TRIAL!**

Surf Coast Little Athletics delivers a fun, inclusive & supportive program for kids aged 5-16 years old where everyone can run, jump, throw and grow at their own pace.

surfcoastlittleathletics.com
info@surfcoastlittleathletics.com

All athletes to be aged 5 - 16 years at Dec 31, 2026

*Pre-registration required for free trial.
NO SIGN UPS ON THE DAY due to insurance purposes.

New Athletes Welcome!

There will be no separate Come & Try Day this year. Instead, athletes new to little aths can pre-register for a free two-week trial and join us at our regular Saturday competitions.

It's a great way to see what Little Athletics is all about, meet other athletes and try out different events.

Know someone who might like to give athletics a go? Tell a friend!

Pre-registration is required before attending the first session.

We can't wait to welcome some new faces to the track!

Track & Field 2026/27

Season: 3 Oct – 20 March 2027

Time: Saturdays | 8:30am – 11:30am

Location: Links Oval, Torquay

(previously known as
Polwarth Oval).



TELL A FRIEND TO REGISTER FOR A TRIAL AND GIVE IT A GO!



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****Partnership Opportunities****

Surf Coast Little Athletics Club is proud to be a growing, community-driven club supporting local families and young athletes.

With a welcoming, inclusive environment, our club is a place where kids build confidence, friendships, and a love of sport.

We're currently seeking local businesses to join us as sponsors and we'd love your help in spreading the word that SCLAC has sponsorship opportunities available.

Know a Local Business That Might Like to Get Involved?

Many of our best partnerships start through personal connections.

If you own a business, work for one, or know someone who does, we'd love you to let them know about the opportunity to get involved.

Sponsoring SCLAC is a great way for businesses to connect with local families, increase their visibility in the community, and show their support for grassroots sport on the Surf Coast.

Opportunities are flexible and can be tailored to suit a range of businesses, big or small, depending on how they'd like to support the club.

Whether it's sponsorship, in-kind support, prizes for club events, or services, every partnership helps us provide the best possible experience for our athletes and families.

If you know a local business that may be interested, please feel free to pass this information on - interested parties can find out more by getting in touch with the committee by emailing info@surfcoastlittleathletics.com

How Sponsorship Makes a Difference

Support from our sponsors helps us provide:

- Affordable registrations
- Equipment and maintenance
- Athlete development days
- Club events and presentations

Every partnership, large or small, helps our club continue to grow.

Stay In the Loop!

We'll send updates and reminders by email, and also post to our socials.

Be sure to follow us on Facebook and/or Instagram and check your inbox regularly.

Weather cancellations

Will be posted the morning of competition via Facebook / Instagram



We're looking for a Sponsorship / Partnerships Liaison!

We're looking for someone to help build relationships with local businesses and support our valued sponsors by being our Sponsorship / Partnerships Liaison.

If you're able to contribute to the future growth of Surf Coast Little Athletics by taking on this role, we'd love to hear from you!



IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO GET IN CONTACT WITH US VIA EMAIL AT: [INFO@SURFCOASTLITTLEATHLETICS.COM](mailto:info@surfcoastlittleathletics.com)