



21 JULY 2026 | NEWSLETTER 3 | SEASON 5



Hi Surf Coast Little Aths families,

We hope everyone enjoyed a well-earned break over the school holidays and had the chance to relax and recharge.

Although our Cross Country program paused briefly during the holidays, our athletes are well and truly back into action with the return of our weekly Cross Country, followed by Winter Track & Field Qualifier 3 and last weekend's Western Metro Region Cross Country Carnival. Things have been busy, and our athletes have had plenty of great performances at these events.

Winter Track & Field Qualifier 3 - Highlights

We had three SCLAC athletes competing in the Winter Track & Field Qualifier 3, at Corio on Sunday 12th July.

Despite the strong winds throughout the day, our athletes delivered some outstanding performances in challenging conditions.

In the Under 9 Boys competition, Flynn G had a fantastic meet, finishing in 4th place and has now qualified for the State Winter Track & Field Championships.

Jagger G also competed strongly throughout the day and finished in 10th place overall. Awesome work!

Ella B showed great determination in the Under 10 Girls competition, and finished in 21st place and also made new friends with athletes from other clubs along the way.



Key Winter Season Dates for U9+ athletes:

- **Sun 9 Aug** - 2025/26 State Winter Track and Field Championships (Edwin Flack Reserve, Berwick)
- **Sat 15 Aug** - 2026 State Cross Country Championships (Lake Dewar Lodge, Myrningong)
- **Sat 22nd Aug** - Last XC run and end of season break up (Taylor Park, Torquay)

Season: 9 May – 22 August 2026

Time: Saturdays | 2:00pm – 3:00pm

Location: various Torquay & Jan Juc



KEEP SHOWING UP, KEEP GIVING IT YOUR BEST, AND REMEMBER THAT EVERY STEP, JUMP AND THROW HELPS BUILD CONFIDENCE, RESILIENCE AND FRIENDSHIPS THAT CAN LAST A LIFETIME.



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With the qualifier rounds now complete, we are excited to see that **Audrey B**, **Flynn G** and **Hamish S** will be heading to the **State Winter Track & Field Championships** in Berwick next month - a fantastic achievement for all three athletes!

It has been wonderful to see our Surf Coast athletes get involved and give the winter events a go, with everyone who competed showing great effort, commitment and enthusiasm throughout.

Thank you to all the families who supported our athletes as they competed and represented our club across these meets.

WMR / State Cross Country Highlights

The Western Metro Region Cross Country Carnival brought together athletes from 11 centres, including our own, for a great day of competition and club spirit.

Despite the wet ground and muddy conditions, our athletes took on the challenge, with the course being adjusted for safety and the infamous "Hill" removed.

We had 9 athletes representing our club across a range of age groups, and it was fantastic to see everyone get out there and give it their best. We had some great results on the day:

Charlie H taking out 1st place in the U14 Boys, **Sahara L** finishing 1st in the U13 Girls, and **Pip H** coming home in 2nd place in the U13 Girls - congratulations to you all! What a mighty effort to have 1/3 of our athletes who attended, standing on the podium!

Well done also to (U9 Boys) **Jagger G** - 9th & **Patrick S** 11th, (U10 Boys) **Logan C** - 12th, (U11 Boys) **Jimmy H** - 15th, and (U12 Girls) **Mika S** - 11th, & **Grace N-K** - 12th on their fantastic efforts on the day.

It's great to see our athletes representing the club and enjoying their Cross Country experience.

Thank you to all the parents who helped complete our club duties throughout the day.

Your support is always appreciated and makes events like this possible.

And a huge thank you to our club **Secretary, Lisa**, for everything she does in coordinating everyone and

making sure our club is organised and ready to go at events like these.



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Come and Join the Team - We Need You!

The club has grown over the years because of the incredible support of our families and volunteers and we're looking for a few new and passionate people to step forward to help guide the future of athletics on the Surf Coast.

Our club is 100% volunteer run

- President
- Partnership / Sponsorship Liaison
- Fundraising / Events Coordinator
- Program / Competition Manager
- Webmaster
- Chief of Officials
- Club Photographer
- Cross Country Coordinator (26/27)

+ competition day support roles for track and field season

Filling these roles are essential for our club to be able to operate at its best and to ensure that our athletes can continue to attend a club in their local area rather than travelling to Geelong.

There's something for everyone:

- **Committee** roles to help shape the direction of the club.
- **Core Operational** support roles that make our competition days happen.

We value a mix of skills, experiences and viewpoints on the committee, as new ideas and perspectives help strengthen our club.

You don't need experience to take something on - just a willingness to contribute, collaborate and support our club and its athletes.

Jump on board now and be involved in the planning for 2026 / 2027 season!

We'd love for parents and carers to get involved, but if you also know someone in the community who might be interested in volunteering their time, please pass our details on to them and ask them to contact us - we'd be happy to connect and chat with them:

info@surfcoastlittleathletics.com

Please consider joining the Committee!

Being part of the committee is a rewarding way to:

- ✓ Be involved in your child's sporting journey
- ✓ Support the sport of athletics so our athletes can continue to attend a club in their local area
- ✓ Be part of shaping the club's future and support the journey toward improved facilities and a home we can all call our own.
- ✓ Build skills and connections
- ✓ Gain valuable leadership, management, and organisational experience while making a meaningful contribution to the club.

How can I find out more about vacant committee positions?

Email

info@surfcoastlittleathletics.com

We'd love to have you on board!



WITHOUT MORE PEOPLE GETTING INVOLVED, THE CLUB SIMPLY CAN'T OPERATE AT THE LEVEL OUR ATHLETES DESERVE.



President - Vacant

Over the past five years, our club has grown stronger and more connected through the passion, commitment, and leadership of our Presidents.

Their dedication has helped shape the club we are today, creating opportunities, friendships, and memorable experiences for our members.

We currently need someone new to step forward and help lead our club into its next chapter. This is a wonderful opportunity to make a difference, share your ideas, and be part of the continued growth and success of our club.

Why do we need a Club President?

A strong club is built by its members, and a great President helps bring everyone together around a shared purpose.

The President's role is about providing encouragement, supporting the committee, and helping turn ideas into action. They help create a positive direction for the club, make sure everyone's voices are heard, and support the team as we continue to grow.

This isn't about doing everything yourself or needing to have all the answers - it's about working alongside a passionate committee, sharing the load, and helping guide the club towards its goals.

Our President plays an important part in shaping the future of the club, creating opportunities for members, and ensuring we continue to be a welcoming and thriving community.

Our next President might be a long-time member family or someone new to the club who is ready to take on a new challenge.

Anyone with enthusiasm, a willingness to get involved, and a desire to make a difference is welcome to apply to take on this position in our club. This is your chance to make an impact, build new connections, and help our club continue to grow.

To get an idea of what this role could potentially include, see [here](#)

Interested or want to know more?
Get in touch - we'd love to chat!

Could you be our next President?

You might be a great fit for this role if you:

- ✓ Enjoy connecting with people and building a welcoming, positive club culture
- ✓ Like helping turn ideas into action and finding practical ways to move things forward
- ✓ Enjoy working with a team and want to develop your leadership skills, while also making a meaningful contribution to the club
- ✓ Have a passion for our sport and want to help create great opportunities for our athletes
- ✓ Are organised, approachable, and comfortable helping guide discussions and decisions

Did you know?

We warmly welcome everyone from both inside and outside the club who wants to get involved and make a difference. Whether you're a parent, carer, or local community member- there's a place for you to contribute and be part of something great!



SHARE YOUR VISION, SUPPORT OUR MEMBERS, AND HELP SHAPE THE FUTURE OF OUR CLUB



Partnerships/Sponsorship Liaison - Vacant

Our club is fortunate to have the support of businesses, organisations, and community partners who share our vision and help us create more opportunities for our athletes.

We are looking for someone to take on the role of Partnerships / Sponsorship Liaison and help develop meaningful relationships with potential sponsors.

This role is about connecting our club with the wider community, creating mutually beneficial partnerships, and ensuring our supporters feel valued and recognised.

It's an opportunity to play a key role in the future of our club by helping build strong partnerships and supporting the opportunities available to our athletes.

Why do we need a Partnerships/Sponsorship Liaison?

Successful partnerships allow our club to achieve more - whether that's simply reducing the need to increase club membership fees,

supporting athletes, improving resources, funding club initiatives, or creating new experiences for our members.

The Partnerships / Sponsorship Liaison works as part of the committee to build and maintain relationships with current sponsors, identify new partnership opportunities, and ensure our supporters feel valued and connected to our club.

Our Partnerships / Sponsorship Liaison plays an important role in helping secure the resources that allow our club to continue growing while ensuring our sponsors receive the recognition and appreciation they deserve.

Our new Partnerships / Sponsorship Liaison could have athletes at the club or be a member of our community with an interest in athletics, someone with experience in business or community engagement, or simply someone who enjoys meeting people and creating connections.

To get an idea of what this role could potentially include, see [here](#)

Interested or want to know more? Get in touch - we'd love to chat!

Could you be our new Partnership/Sponsorship Liaison?

You might like this role if you:

- ✓ Have a passion for our club and want to help create more opportunities for our athletes
- ✓ Are a confident communicator who enjoys meeting new people and building positive, long-term relationships
- ✓ Are organised and able to maintain communication and relationships with sponsors throughout the year
- ✓ Want to help the club but would rather do something that doesn't require your attendance at the track every week!

Did you know?

This role is very flexible - there's a lot of room to make it your own, AND it doesn't require you to be at the track every week!



WITH THE SUPPORT OF THE COMMITTEE, YOU'LL HELP STRENGTHEN THE PARTNERSHIPS THAT ALLOW OUR CLUB TO CONTINUE GROWING AND THRIVING.



Parent / Carer Help Is Required

Just a reminder that to ensure our cross country event runs safely, and smoothly, **parent/carers support** is essential each week.

If your child is participating, **a parent or carer must remain onsite and be ready to assist** - we need all parents & carers to take up a position along the course each week before competition can go ahead. No drop-and-runs - we simply can't run the program without your help!

Whilst the warm up is happening, could parents/carers please spread out and take a position along the course and at designated turn-around points, to assist athletes that may need extra direction or encouragement whilst running. If you're standing at a turn-around point (marked by the cones), please call out to age group as athletes approach e.g "U6 turn around here!" so that athletes know what to do. Thank you!

Uniforms - see [LAVic Uniform Guide](#)

All athletes must wear the club uniform each week (club shirt and shorts or navy blue shorts). Navy or black leggings are fine for winter ONLY - see guide above.

Club T-Shirts & shorts are available for purchase via our online store: [Shop - Surf Coast Little Athletics](#)

Name Patches: If your athlete was registered for the 2025/2026 summer season, **please reuse their patch for cross country or purchase a new one.**

2025/26 season replacement registration patches are available for \$5 each.

Don't forget - our club hoodies are great for winter!

Don't forget, our super cosy Surf Coast hoodies are available in our online store! Now is the perfect time to grab one, brrrr!

Whether you're cheering from the sidelines, volunteering on course, or keeping warm before and after your run, these hoodies are a great addition to your winter wardrobe.

💖 \$50 each
🛒 purchase via our [online store](#)

Sizes available:

- Kids 6-14
- Adult sizes XS-3XL

They are a straight fit and generally true to size, but we do recommend sizing up if you prefer a little extra room or length.



IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO GET IN CONTACT WITH US VIA EMAIL AT: INFO@SURFCOASTLITTLEATHLETICS.COM



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****Partnership Opportunities****

Surf Coast Little Athletics Club is proud to be a growing, community-driven club supporting local families and young athletes.

With a welcoming, inclusive environment, our club is a place where kids build confidence, friendships, and a love of sport.

We're currently seeking local businesses to join us as sponsors and we'd love your help in spreading the word that SCLAC has sponsorship opportunities available.

Know a Local Business That Might Like to Get Involved?

Many of our best partnerships start through personal connections.

If you own a business, work for one, or know someone who does, we'd love you to let them know about the opportunity to get involved.

Sponsoring SCLAC is a great way for businesses to connect with local families, increase their visibility in the community, and show their support for grassroots sport on the Surf Coast.

Opportunities are flexible and can be tailored to suit a range of businesses, big or small, depending on how they'd like to support the club.

Whether it's sponsorship, in-kind support, prizes for club events, or services, every partnership helps us provide the best possible experience for our athletes and families.

If you know a local business that may be interested, please feel free to pass this information on - interested parties can find out more by getting in touch with the committee by emailing info@surfcoastlittleathletics.com

How Sponsorship Makes a Difference

Support from our sponsors helps us provide:

- Affordable registrations
- Equipment and maintenance
- Athlete development days
- Club events and presentations

Every partnership, large or small, helps our club continue to grow.

Stay In the Loop!

We'll send updates and reminders by email, and also post to our socials.

Be sure to follow us on Facebook and/or Instagram and check your inbox regularly.

Weather cancellations - XC

Will be posted the morning of competition via WhatsApp group, Facebook / Instagram



We're looking for a Sponsorship / Partnerships Liaison!

We're looking for someone to help build relationships with local businesses and support our valued sponsors by being our Sponsorship / Partnerships Liaison.

If you're able to contribute to the future growth of Surf Coast Little Athletics by taking on this role, we'd love to hear from you!



IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO GET IN CONTACT WITH US VIA EMAIL AT: [INFO@SURFCOASTLITTLEATHLETICS.COM](mailto:info@surfcoastlittleathletics.com)



2025/26 WINTER SEASON CALENDAR

Competition Dates

Current as at 12 June 2026

Date	Event	Program / Venue	
MAY	Sat 09 May 2026	XC Competition Day - 2PM	
	Sat 16 May 2026	XC Competition Day - 2PM	
	Sun 17 May 2026	Winter Track & Field Series - Qualifier 1	
	Sat 23 May 2026	XC Competition Day - 2PM	
	Sat 30 May 2026	State Cross-Country Relay Championships (no local SCLAC competition)	
JUNE	Sat 06 Jun 2026	Kings Birthday Long Weekend - no SCLAC competition	
	Sat 13 Jun 2026	XC Competition Day - 2PM. LA VIC State Road Race Walking Championships (Middle Park)	
	Sat 20 Jun 2026	XC Competition Day - 2PM	
	Sun 21 Jun 2026	Winter Track & Field Series - Qualifier 2	
	Sat 27 Jun 2026 Sat 04 Jul 2026	July School Holidays: No competition on first two Saturdays	
JULY	Sat 11 Jul 2026	XC Competition Day - 2PM (last weekend of the school holidays) LAVic National Cross-Country Qualifying Event - Bundoora Park (U10 only)	
	Sun 12 Jul 2026	Winter Track & Field Series - Qualifier 3	
	Sat 18 Jul 2026	Western Metro Region Cross-Country Carnival (no SCLAC competition)	
	Sat 25 Jul 2026	XC Competition Day - 2PM	
AUG	Sat 01 Aug 2026	XC Competition Day - 2PM	
	Sat 08 Aug 2026	XC Competition Day - 2PM	
	Sun 09 Aug 2026	LAVic Winter Track & Field Championships	
	Sat 15 Aug 2026	2025/26 LAVic State Cross-Country Championships (no SCLAC competition)	
	Sat 22 Aug 2026	XC Competition Day + End of Season Break up	

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LAVic Cross Country comp - U9+

31 May - State Cross Country Relay Champ'ships
18 July - Region Cross Country Carnival
15 August - State Cross Country Championships

Other LAVic Winter comps - U9+

13 May - Winter Road Race Walking Champ'ships
11 July - Cross-Country Qualifying Event (U10 only)

LAVic Winter Track & Field - U9+

31 May - Winter Track & Field - Qualifier 1
21 June - Winter Track & Field - Qualifier 2
12 July - Winter Track & Field - Qualifier 3
09 August - Winter T&F Championships